

# *Parents of Troubled Adults Support Group*

*Sponsored by  
Jewish Children's Regional Service and Jewish Family Service*

*Offers help and hope to parents whose adult children are suffering from depression, mental illness, alcohol/drug abuse and other difficulties. Participants share and learn from one another about how and when to offer help. Meetings take place Thursday evenings, 5:30 – 7:00, in Metairie.*

**September 15, 2011**

***Creating Boundaries with Your Adult Child that Strengthen a Healthy Sense of Self***

*Speakers: Edward Foulks, M.D., Medical Director of Jefferson Parish Human Service Authority  
and Professor Emeritus, Tulane University School of Medicine  
Maxine Marx Goodman, author of Looking for the Good Son*

**November 17, 2011**

***Educating Ourselves on Medical Treatment of Substance Dependence***

*Speaker: Georgette Somjen, M.D., Diplomate, American Board of Addiction Medicine*

**January 26, 2012**

***When Extreme Acting Out Behavior Occurs, What to Do as the Parent of an Adult Child***

*Speaker: Cecile Tebo, LCSW, NOPD Crisis Unit Administrator*

**March 22, 2012**

***Ask Dr. Sands: Boundaries, Limit-setting and Other Concerns:***

*Speaker: Mark Sands, M.D.  
Director of Psychiatry, Mercy Family Center*

**Registration: Contact Toby Bonnett , LCSW (504) 831-8475 / [toby@jfsneworleans.org](mailto:toby@jfsneworleans.org)  
or Bonnie Lustig, LCSW (504) 828-6334 / [bonnie@jcrsnola.org](mailto:bonnie@jcrsnola.org)**

