

Jewish Family Service Programs & Services

Presently JFS offers a variety of programs and services for the entire community as well as guidance and psychotherapy for individuals and families, all facilitated by our highly trained, experienced staff of therapists and counselors.

- ❖ **Counseling** – guidance and psychotherapy for individuals of all ages and families
- ❖ **Information & Referral** – for a wide variety of mental health resources and social services in our community
- ❖ **Adoption** – adoption services, home studies, and follow-up supervision
- ❖ **Teen Suicide Prevention** - a school-based suicide awareness and prevention program called “Teen Life Counts”
- ❖ **Refugee Resettlement** – for elderly refugees from the former Soviet Union who were resettled by JFS
- ❖ **Holiday Services** – annual donations for Passover Food Baskets, Rosh Hashanah Gift Bags and Literacy & Latkes book drive for Chanukah
- ❖ **Financial Assistance** – various cash grants to Jewish families and individuals in crisis, in response to Hurricane Katrina
- ❖ **Interest- Free Loans** – for rebuilding homes and businesses
- ❖ **Homemaker** – weekly home help and transportation for seniors
- ❖ **Lifeline** – electronic emergency response system
- ❖ **Case Management** – assistance in planning for long-term care
- ❖ **Catch-a-Cab** – taxi coupons for older Jewish adults
- ❖ **Techniques for Expressive and Reflective Writing** – a writing group for adults, focusing on reactions to stress and physiological and psychological well-being
- ❖ **Girl Power** – a self esteem group for preadolescent girls, 8 -12 years old
- ❖ **Parents of Troubled Adults** – a support group for parents of adult children who suffer from mental illness, substance abuse or other difficult circumstances

For more information about any of the listings above, please contact

Jewish Family Service

831-8475

A sliding fee scale is available upon request.

