



JEWISH FAMILY SERVICE

APRIL, 1992

NEWSLETTER

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Committee of the Year

Caregivers Committee!

Carol Good, Chairman

Sandra Burstein

Julius M. Cohn

Marilyn Grossman

Joel Handelman

Liz Hirsch

Dr. Jack Hudson

Jo-Ellyn Kupperman

Dorothy Marcus

Rose Rich

Madilyn Samuels

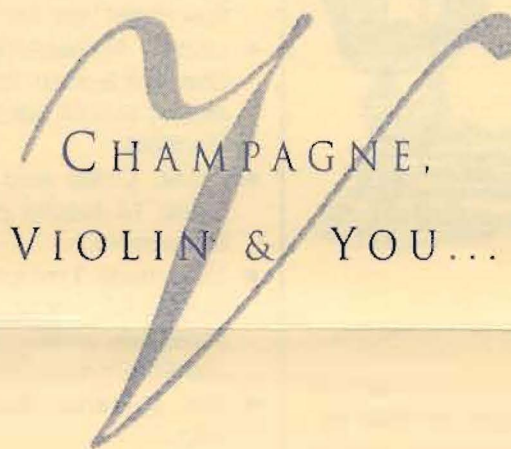
Joyce Steiner

Leonard Wormser

Deena Gerber, Staff

Over the past year the Caregivers Committee has worked to produce a book "Caring for the Elderly: A Workbook for Caregivers", a compendium of all the information needed to give loving and efficient care to an elderly relative. A perfect blending of volunteers and professionals, this educational effort supplements and enhances the professional services of our clinical social workers, who are always available to assist individuals and families with the hard decisions about care of the elderly, as well as to provide highly individualized therapy and case management services to people of all ages.

**STRENGTHENING FAMILIES
IS OUR BUSINESS**



CHAMPAGNE,
VIOLIN & YOU...

CELEBRATION SET FOR MAY 10

Friends of Jewish Family Service are on a fast track as plans are completed for the May 10 Champagne Reception to celebrate the publication of "Caring for the Elderly: A Workbook for Caregivers". From 5:00-7:00 p.m., at the beautiful Audubon Place home of Susan and Jonathan Wise, we'll celebrate with champagne, an open bar, a lovely buffet, and violin music by Vladimir Hirsu.

CARING FOR THE ELDERLY: A PREVIEW

"CARING FOR THE ELDERLY: A Workbook for Caregivers" covers such topics as "Emotional Issues", "Insurance", "Legal Issues" and "Community Resources" (useful lists of home care services, nursing homes, retirement communities, etc.). It takes the reader through the maze of Medicare, Medicaid and Medigap regulations; it provides practical ways to claim insurance and to organize all the other tasks associated with caregiving.

It was made possible by grants from Jewish Endowment Foundation and Lakelawn Metairie Cemeteries and Funeral Home, A Stewart Enterprise.

The proceeds of this party will help support the activities reported in this Newsletter . . . and more! To learn more about what we're up to, please turn the page

Comfort for the Bereaved

"Of all the volunteer work I have ever done, the most meaningful has been through Jewish Family Service," says Ros Allison, new FOCUS chair and long-time FOCUS volunteer. Ros is referring to FOCUS (Friends Offer Comfort Understanding and Support), the Jewish Family Service program which teams formerly widowed persons with the newly bereaved to help them through their grief. If you know of someone who needs the service, please call Deena Gerber at 524-8475.

Passover Food for the Needy



"Let all who are hungry come and eat".

The community has just completed its seventh annual Passover food distribution. The congregations, Jewish organizations, and many individuals provide money and volunteers. Jewish Family Service organizes the event. Contrary to popular belief, there are needy Jews in our city; and many have come to depend on the Passover Food Distribution in order to observe the holiday.

"Pet Peeves" and "Women in the Middle" Gain in Popularity

Two family life education programs have been very popular this year, "Pet Peeves in Relationships" presented by Linda Rothschild and "Women in the Middle" presented by Deena Gerber.

These are only two of the ways our gifted therapists share their expertise with members of the community in order to help them cope better with problems of everyday living.

New topics are always being developed. If there is one you would like for your organization, call Linda Rothschild or Deena Gerber at 524-8475.

Teen Suicide Up-Date - 1991 -

- Thirty-two volunteers reached 4,055 students in 32 schools.
- Every student received a plastic wallet card with emergency telephone numbers, so they will know how to get help if they need it.
- Linda Rothschild and Cathy Shepard trained 220 school counselors, school social workers, and teachers.
- Linda, Cathy and the volunteers made 12 faculty presentations to 806 people.
- They made 3 recruitment presentations to 66 people, 5 one-hour presentations to 182 people and three presentations to 79 parents.
- 104 students were referred for help.

The teen suicide prevention program has been re-named TLC (Teen Life Counts). **The program saves lives.** To volunteer, call 524-8475.

News of the Soviet Emigres

Did you know . . . that in the last two years we have welcomed to New Orleans 35 refugees from the former Soviet Union? Arriving last November was the Sheps family. Dr. Sheps is a neurologist, who is currently working in research at LSU School of Medicine. Mrs. Sheps is attending Delgado. Their two children Leonid (15) and Tanya (9) are enrolled in public schools in Jefferson Parish. Dr. Sheps is fluent in five languages, including English! He is also the brother of our valued Jewish Family Service resettlement worker Irene Gurievsky. The Sheps family has affiliated with Gates of Prayer Congregation.

Blyurna Rubenstein and her young daughter Ella arrived even more recently. Ella was a ballroom dance champion in the Soviet Union.

NCJW is about to organize volunteers to welcome these newcomers and to help them acculturate.

If you wish to volunteer, call Roberta Hirsu at 524-8475.

Outreach to Intermarrieds and Jews by Choice

WHY

To encourage active participation in the Jewish community by Inter-marrieds and Jews by Choice.

WHAT

Monthly Meetings of the "Choosing Judaism" group, a support group for Jews by Choice.

"Continuing Connections", an educational series now in its third summer.

Fall Workshops bringing major speakers on OUTREACH to the community.

Quarterly Newsletter to a mailing list of over 550 intermarrieds and Jews by Choice informing them of upcoming events and Judaic information.

WHO

An interagency task force of all rabbis and Jewish organizations staffed by Jewish Family Service.

If you would like to participate or receive our mailings call Anona Fosberg at the Jewish Family Service office 524-8475.

Do you worry about a parent or a loved one?



Are You Caught in the Middle of Caring For An Elderly Parent or Relative and Your Own Family?

For more information contact us at 524-8475

LIFELINE®