

# ***Parents of Troubled Adults Support Group***

***Sponsored by  
Jewish Children's Regional Service and Jewish Family Service***

***Offers help and hope to parents whose adult children are suffering from depression, mental illness, alcohol/drug abuse and other difficulties. Participants share and learn from one another about how and when to offer help. Meetings take place on Thursdays, 5:30-7:00, at Congregation Gates of Prayer in Metairie.***

***January 22, 2009***

***Services in the Community for Families of Troubled Adults***

***Speaker: Thom Elliott, MA, Mental Health Program Director,  
Metropolitan Human Service District***

***February 26, 2009***

***When Is Enough Enough?***

***Determining When to Set Limits with a Troubled Adult (Part 2)***

***Speaker: Mark Sands, MD  
Director of Psychiatry, Mercy Family Center***

***March 26, 2009***

***Medical Treatment of Addiction***

***Speaker: Georgette Somjen, M.D.  
Licensed Professional Counselor, Licensed Clinical Addiction Specialist***

***April 30, 2009***

***Navigating the Terrain in a Social Security Disability Case***

***Speaker: Matt Greenbaum, Attorney-at-Law***

***May 21, 2009***

***Estate Planning for Troubled Adults***

***Speaker: Carole Neff, Attorney-at-Law***

***Registration: Contact Toby Bonnett (504) 831-8475 / [toby@jfsneworleans.org](mailto:toby@jfsneworleans.org)  
or Bonnie Lustig (504) 828-6334 / [bonnie@jcrsnola.org](mailto:bonnie@jcrsnola.org)***